

PRAYER TIME

Read:

1 Chronicles 16:34-36

A prayer of
Thanksgiving!

LET'S PRAY



MY
REDEEMER
LIVES
BAPTIST
CHURCH

Study: 7

Praying like Jesus

“Jesus sang some
Prayers”

Mark 14:26, Matt. 26:30

JESUS SANG SOME PRAYERS

Jesus sang. Have you ever thought about that? And amazingly only a hours before his crucifixion Jesus sang. Following his time with his disciples in the upper room, Jesus sang with his disciples a hymn (Mark 14:26). Most likely this song was the traditional Passover hymn based on (Psalms 115:118). These are prayers that are sang unto God.

Singing hymns and prayers was part of Jewish tradition. Five-hundred-seventy-five references to praise, singing and music are found in the Bible. At the very center of the volume is a 150-song hymnal known as Psalms, the Jewish book of hymns and prayers.

JESUS SANG SOME PRAYERS

This great collection of songs and prayers express the heart and soul of humanity. In them, the whole range of human experiences is expressed. Honestly, the writers pour out their heart, their true feelings, their hurts. The Psalms proved the expression of praise, worship, and confession to God.

The key verse is the final verse of the Psalms, 150:6

“Let everything that has breath praise the Lord. Praise the Lord”



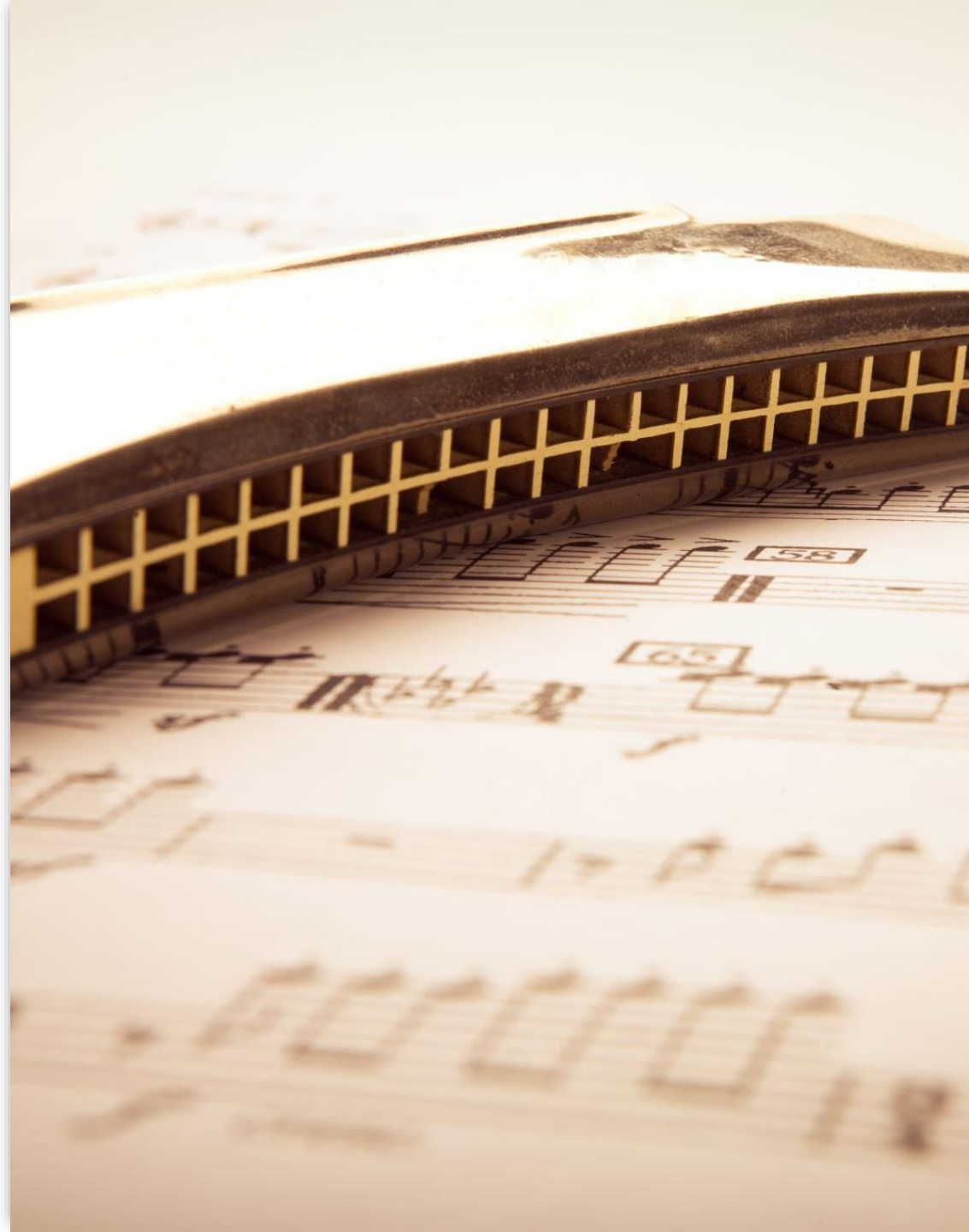
JESUS SANG SOME PRAYERS

Music is a vehicle that stirs the emotions and expresses our hearts. Singing prayers was adopted by the early church. **Read** (Ephesians 5:18-20).

Throughout the Christian tradition, believers have sung the Psalms, written new songs to sing from them.

Why is singing such a powerful prayer tool?

- Singing causes our bodies, our minds, and our spirits to work in concert.
- Singing seizes our attention and helps focus our thoughts.





JESUS SANG SOME PRAYERS CONCLUSION

Payer can and should include some singing, especially those songs that help us focus on God, his attributes and character. Some of those songs for me are:

“Holy, Holy, Holy,” “How Great thou Art,” “Great is thy Faithfulness,” “Joyful, Joyful, We Adore Thee,” “Great is the Lord,” “How Majestic Is Your Name.”

The Hymnal and song books are wonderful tools in our prayer time. Use them often. Listen to the worship and praise songs of others. Join with them as they sing to God but when we pray, we need to do more than just sing or listen to music. As wonderful and powerful as music is, we still need to listen for the still, small voice of God that comes in the quiet times!

HOMEWORK
SCRIPTURE /
MEMORIZATION

Last Week

Psalms 145:1

“I will exalt You, my God, The King. And I will bless your name forever and ever.”

Psalms 95:1

“Come, let us sing praises to the Lord! Let us shout praises to the Rock who saves us.”

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**NEXT
WEEK**

Praying like Jesus

Lesson 8:

“Jesus Prayed Before
Making important
Decisions”

Luke 6:12-13